

Lundi , 15.05

09:10 - 10:05

Pump
Michelle

18:00 - 18:55

Pump
Morena

19:15 - 20:10

Fitboxe
Nicole

Mardi , 16.05

09:05 - 10:00

Yoga
Isabelle

18:00 - 18:55

Zumba
Diana

19:05 - 20:00

Power Yoga
Michaela

Mercredi , 17.05

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Selina

10:30 - 11:25

Spiralkraft
Monika

Jeudi , 18.05

Vendredi , 19.05

09:05 - 10:00

Zumba
Miriam

Samedi , 20.05

Dimanche , 21.05

10:10 - 11:05

Pilates
Nicola