

Lundi , 24.03

09:30 - 10:25

Muscle Work
Ursi

18:20 - 18:50

P.I.I.T
Susanne

19:00 - 19:55

Fitboxe
Susanne

Mardi , 25.03

18:00 - 18:55

Fighttime 55'
Manuela

19:00 - 19:55

Yoga
Julia

Mercredi , 26.03

10:15 - 11:10

Pilates
Rebecca

18:00 - 18:55

Pump
Nadine

19:00 - 19:55

Zumba
Cristina

Jeudi , 27.03

18:30 - 19:25

Powerstep
Susanne

19:30 - 20:25

Fitboxe
Susanne

Vendredi , 28.03

Samedi , 29.03

Dimanche , 30.03

10:00 - 10:55

Fitboxe
Miriam