

**Lundi , 17.03**

**09:30 - 10:25**

*Muscle Work*  
Ursi

**18:20 - 18:50**

*P.I.I.T*  
Susanne

**19:00 - 19:55**

*Fitboxe*  
Susanne

**Mardi , 18.03**

**18:00 - 18:55**

*Fighttime 55'*  
Manuela

**19:00 - 19:55**

*Yoga*  
Julia

**Mercredi , 19.03**

**10:15 - 11:10**

*Pilates*  
Rebecca

**18:00 - 18:55**

*Pump*  
Ursi

**19:00 - 19:55**

*Zumba*  
Cristina

**Jeudi , 20.03**

**18:30 - 19:25**

*Powerstep*  
Susanne

**19:30 - 20:25**

*Fitboxe*  
Susanne

**Vendredi , 21.03**

**Samedi , 22.03**

**Dimanche , 23.03**

**10:00 - 10:55**

*Fitboxe*  
Miriam