

Lundi , 10.03

**09:30 - 10:25**

*Muscle Work*  
Ursi

**18:20 - 18:50**

*P.I.I.T*  
Manuela

**19:00 - 19:55**

*Fitboxe*  
Manuela

Mardi , 11.03

**18:00 - 18:55**

*Fighttime 55'*  
Manuela

**19:00 - 19:55**

*Yoga*  
Julia

Mercredi , 12.03

**10:15 - 11:10**

*Pilates*  
Rebecca

**18:00 - 18:55**

*Pump*  
Nadine

**19:00 - 19:55**

*Zumba*  
Cristina

Jeudi , 13.03

**19:30 - 20:25**

*Fitboxe*  
Thomas

Vendredi , 14.03

Samedi , 15.03

Dimanche , 16.03

**10:00 - 10:55**

*Fitboxe*  
Eveline