

**Lundi , 16.12**

**09:30 - 10:25**

*Pump*  
Ursi

**18:20 - 18:50**

*P.I.I.T*  
Susanne

**19:00 - 19:55**

*Fitboxe*  
Susanne

**Mardi , 17.12**

**18:00 - 18:55**

*Fighttime 55'*  
Manuela

**Mercredi , 18.12**

**10:15 - 11:10**

*Pilates*  
Rebecca

**18:00 - 18:55**

*Pump*  
Nadine

**19:00 - 19:55**

*Zumba*  
Cristina

**Jeudi , 19.12**

**18:30 - 19:25**

*Powerstep*  
Susanne

**19:30 - 20:25**

*Fitboxe*  
Susanne

**Vendredi , 20.12**

**Samedi , 21.12**

**Dimanche , 22.12**

**10:00 - 10:55**

*Fitboxe*  
Miriam