

**Lundi , 04.12**

**09:30 - 10:25**

*Pump*  
Ursi

**18:20 - 18:50**

*P.I.I.T*  
Susanne

**19:00 - 19:55**

*Fitboxe*  
Susanne

**Mardi , 05.12**

**09:30 - 10:25**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sandra

**18:00 - 18:55**

*Fighttime 55'*  
Manuela

**19:00 - 19:55**

*Zumba*  
Petra

**Mercredi , 06.12**

**09:30 - 10:25**

*Yoga*  
Marina

**Jeudi , 07.12**

**18:30 - 19:25**

*Powerstep*  
Susanne

**19:30 - 20:25**

*Fitboxe*  
Susanne

**Vendredi , 08.12**

**Samedi , 09.12**

**Dimanche , 10.12**

**10:00 - 10:55**

*Fitboxe*  
Natalie