

Lundi , 09.10

09:30 - 10:25

Pump
Ursi

18:20 - 18:50

P.I.I.T
Susanne

19:00 - 19:55

Fitboxe
Susanne

Mardi , 10.10

09:30 - 10:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

18:00 - 18:55

Fighttime 55'
Manuela

19:00 - 19:55

Zumba
Karina

Mercredi , 11.10

09:30 - 10:25

Pilates
Manuela

Jeudi , 12.10

18:30 - 19:25

Powerstep
Susanne

19:30 - 20:25

Fitboxe
Susanne

Vendredi , 13.10

Samedi , 14.10

Dimanche , 15.10

10:00 - 10:55

Fitboxe
Melanie