

Lundi , 04.09

09:30 - 10:25

Pump
Ursi

18:20 - 18:50

P.I.I.T
Manuela

19:00 - 19:55

Fitboxe
Manuela

Mardi , 05.09

09:30 - 10:25

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

18:00 - 18:55

Fighttime 55'
Manuela

19:00 - 19:55

Zumba
Petra

Mercredi , 06.09

09:30 - 10:25

Yoga
Marina

Jeudi , 07.09

18:30 - 19:25

Powerstep
Petra

19:30 - 20:25

Fitboxe
Patricia

Vendredi , 08.09

Samedi , 09.09

Dimanche , 10.09

10:00 - 10:55

Fitboxe
Patricia