

Lundi , 14.04

09:00 - 09:55

Yoga
Christina

18:00 - 18:55

Yoga
Angela

19:05 - 20:00

Pump
Alexandra

Mardi , 15.04

08:50 - 09:45

Zumba
Yered

18:00 - 18:55

TRX
Gabriela

19:05 - 20:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

Mercredi , 16.04

18:00 - 18:55

Circuit Training
Anna

Jeudi , 17.04

09:00 - 09:55

Pilates
Katja

18:00 - 18:55

Zumba
Yered

19:05 - 20:00

Pump
Alexandra

Vendredi , 18.04

18:00 - 18:55

Yoga
Kerstin

Samedi , 19.04

10:00 - 10:55

Yoga
Kerstin

Dimanche , 20.04

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra