

Lundi , 31.03

09:00 - 09:55

Yoga
Christina

18:00 - 18:55

Yoga
Angela

19:05 - 20:00

Pump
Laura

Mardi , 01.04

08:50 - 09:45

Zumba
Yered

18:00 - 18:55

TRX
Gabriela

19:05 - 20:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

Mercredi , 02.04

18:00 - 18:55

Circuit Training
Anna

Jeudi , 03.04

09:00 - 09:55

Pilates
Katja

18:00 - 18:55

Zumba
Yered

19:05 - 20:00

Pump
Laura

Vendredi , 04.04

18:00 - 18:55

Yoga
Kerstin

Samedi , 05.04

Dimanche , 06.04