

Lundi , 24.03

09:00 - 09:55

Yoga
Christina

18:00 - 18:55

Yoga
Angela

19:05 - 20:00

Pump
Laura

Mardi , 25.03

08:50 - 09:45

Zumba
Ezgi

18:00 - 18:55

TRX
Heike

19:05 - 20:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

Mercredi , 26.03

18:00 - 18:55

Circuit Training
Anna

Jeudi , 27.03

09:00 - 09:55

Pilates
Katja

18:00 - 18:55

Zumba
Yered

19:05 - 20:00

Pump
Laura

Vendredi , 28.03

18:00 - 18:55

Yoga
Kerstin

Samedi , 29.03

Dimanche , 30.03