

Lundi , 13.01

09:00 - 09:55

Yoga
Christina

18:00 - 18:55

Yoga
Angela

19:05 - 20:00

Pump
Laura

Mardi , 14.01

08:50 - 09:45

Zumba
Yered

18:00 - 18:55

TRX
Gabriela

Mercredi , 15.01

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

19:00 - 19:55

P.I.I.T
Sandra

Jeudi , 16.01

09:00 - 09:55

Pilates
Katja

18:00 - 18:55

Zumba
Yered

19:05 - 20:00

Pump
Alexandra

Vendredi , 17.01

Samedi , 18.01

Dimanche , 19.01