

Lundi , 09.12

09:00 - 09:55

Yoga
Christina

18:00 - 18:55

Yoga
Angela

19:05 - 20:00

Pump
Laura

Mardi , 10.12

08:50 - 09:45

Zumba
Yered

18:00 - 18:55

TRX
Gabriela

Mercredi , 11.12

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Sandra

19:00 - 19:25

P.I.I.T
Sandra

Jeudi , 12.12

09:00 - 09:55

Pilates
Katja

18:00 - 18:55

Zumba
Yered

19:05 - 20:00

Pump
Laura

Vendredi , 13.12

Samedi , 14.12

Dimanche , 15.12