

Lundi , 07.10

09:00 - 09:55

Yoga
Gabriela

18:00 - 18:55

Yoga
Angela

19:05 - 20:00

Pump
Laura

Mardi , 08.10

08:50 - 09:45

Zumba
Yered

18:00 - 18:55

TRX
Gabriela

Mercredi , 09.10

18:00 - 18:55

Yoga
Angela

Jeudi , 10.10

09:00 - 09:55

Pilates
Katja

18:00 - 18:55

Zumba
Yered

19:05 - 20:00

*BBP (Bauch, Beine, Po) /
Bodytone*
Yered

Vendredi , 11.10

Samedi , 12.10

Dimanche , 13.10