

Lundi , 16.09

09:00 - 09:55

Yoga
Christina

18:00 - 18:55

Yoga
Angela

Mardi , 17.09

08:50 - 09:45

Zumba
Manuela

18:00 - 18:55

TRX
Gabriela

Mercredi , 18.09

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Sandra

19:00 - 19:25

P.I.I.T
Sandra

Jeudi , 19.09

09:00 - 09:55

Pilates
Katja

18:00 - 18:55

BBP (Bauch, Beine, Po) /
Bodytone
Sandra

Vendredi , 20.09

Samedi , 21.09

Dimanche , 22.09