

Lundi , 24.03

18:00 - 18:55

Pump
Melanie

19:05 - 20:00

Pilates
Andrea

Mardi , 25.03

09:15 - 10:10

Functional Workout
Carmen

10:15 - 10:45

Stretching
Carmen

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Yvonne

19:05 - 20:00

Fighttime 55'
Nicole

Mercredi , 26.03

09:15 - 10:10

Rückenfit
Olivia

18:00 - 18:30

Simply Core
Sarina

18:40 - 19:35

Pump
Sarina

Jeudi , 27.03

09:15 - 09:45

Upcon
Boglarka

18:00 - 18:55

BBP (Bauch, Beine, Po) / Bodytone
Sandra

19:05 - 20:00

Yoga
Boglarka

Vendredi , 28.03

Samedi , 29.03

Dimanche , 30.03

10:00 - 10:55

Pump
Sarina