

**Lundi , 29.07**

**19:05 - 20:00**

*Pilates*  
Andrea

**Mardi , 30.07**

**09:15 - 10:10**

*Functional Workout*  
Anne

**10:15 - 10:45**

*Stretching*  
Anne

**18:00 - 18:55**

*BBP (Bauch, Beine,  
Po) / Bodytone*  
Sandra

**20:05 - 21:00**

*Yoga*  
Leonie

**Mercredi , 31.07**

**09:15 - 10:10**

*Rückenfit*  
Olivia

**18:00 - 18:30**

*Simply Core*  
Sarina

**18:40 - 19:35**

*Pump*  
Sarina

**Jeudi , 01.08**

**Vendredi , 02.08**

**Samedi , 03.08**

**Dimanche , 04.08**

**10:00 - 10:55**

*Pump*  
Sarina