

Lundi , 07.04

**09:30 - 10:25**

*Pilates*  
Alina

**18:00 - 18:30**

*Pump i.t.*  
Dominic

**18:35 - 19:05**

*P.I.I.T*  
Dominic

**19:15 - 20:10**

*Zumba*  
Katarzyna

Mardi , 08.04

**18:00 - 18:55**

*Rückengymnastik*  
Csilla

**19:10 - 20:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Alina

Mercredi , 09.04

**09:00 - 09:55**

*Yoga*  
Alina

**17:35 - 18:30**

*Pilates*  
Alina

**19:00 - 19:55**

*Pump*  
Vittoria

Jeudi , 10.04

**18:00 - 18:55**

*Yoga*  
Julia

**19:15 - 20:10**

*Cycling*  
Remo

Vendredi , 11.04

**09:00 - 09:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Alina

**18:00 - 18:55**

*Functional Workout*  
Camila

**19:00 - 19:55**

*Zumba*  
Katarzyna

Samedi , 12.04

**09:30 - 10:25**

*Mobility*  
Alina

Dimanche , 13.04