

Lundi , 16.09

09:30 - 10:25

Pilates
Giobana

18:00 - 18:25

Pump i.t.
Dominic

18:35 - 19:00

P.I.I.T
Dominic

Mardi , 17.09

18:00 - 18:55

Rückengymnastik
Csilla

19:10 - 20:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Alina

Mercredi , 18.09

09:00 - 09:55

Yoga
Giobana

17:35 - 18:30

Pilates
Giobana

19:00 - 19:55

Pump
Vittoria

Jeudi , 19.09

18:00 - 18:55

Yoga
Giobana

Vendredi , 20.09

09:00 - 09:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Alina

18:00 - 18:55

Functional Workout
Alina

19:00 - 19:55

Zumba
Katarzyna

Samedi , 21.09

Dimanche , 22.09