

Lundi , 01.04

09:30 - 10:25

Pilates Special
Alina

Mardi , 02.04

18:00 - 18:55

Rückengymnastik
Csilla

19:10 - 20:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Alina

Mercredi , 03.04

09:00 - 09:55

Yoga
Giobana

17:35 - 18:30

Pilates
Giobana

19:00 - 19:55

Pump
Vittoria

Jeudi , 04.04

09:00 - 09:55

Pump
Vittoria

18:00 - 18:55

Yoga
Giobana

19:15 - 20:10

Cycling
Remo

Vendredi , 05.04

18:00 - 18:55

Functional Workout
Dominic

19:00 - 19:55

Zumba
Katarzyna

Samedi , 06.04

Dimanche , 07.04