

Lundi , 25.12

Mardi , 26.12

Mercredi , 27.12

09:00 - 09:55

Yoga
Giobana

17:35 - 18:30

Pilates
Giobana

19:00 - 19:55

Pump
Vittoria

Jeudi , 28.12

18:00 - 18:55

Yoga
Giobana

19:15 - 20:10

Cycling
Remo

Vendredi , 29.12

18:00 - 18:55

Functional Workout
Dominic

Samedi , 30.12

Dimanche , 31.12