

Lundi , 31.07

09:30 - 10:25

Pilates
Giobana

18:00 - 18:25

Pump i.t.
Dominic

18:35 - 19:00

P.I.I.T
Dominic

19:15 - 20:10

*Dance Aerobic / Dance
Mix*
Dominic

Mardi , 01.08

Mercredi , 02.08

09:00 - 09:55

Yoga
Larissa

17:45 - 18:40

Pilates
Larissa

19:00 - 19:55

Pump
Vittoria

Jeudi , 03.08

18:00 - 18:55

Yoga
Giobana

Vendredi , 04.08

18:00 - 18:55

Functional Workout
Larissa

Samedi , 05.08

Dimanche , 06.08