

Lundi , 14.04

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Zumba
Elena

19:00 - 19:55

Pump
Sally

Mardi , 15.04

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

19:30 - 20:25

Yoga
Isabel

Mercredi , 16.04

18:00 - 18:55

Functional Workout
Sally

Jeudi , 17.04

09:10 - 10:05

Pilates
Sally

18:15 - 18:45

P.I.I.T
Selina

19:00 - 19:55

Pump
Sally

Vendredi , 18.04

Samedi , 19.04

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Dimanche , 20.04