

**Lundi , 25.11**

**09:10 - 10:05**

*Pump*  
Sally

**18:00 - 18:55**

*Zumba*  
Maja

**19:00 - 19:55**

*Pump*  
Maja

**Mardi , 26.11**

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sabine

**18:15 - 19:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Maja

**19:30 - 20:25**

*Yoga*  
Isabel

**Mercredi , 27.11**

**18:00 - 18:55**

*Functional Workout*  
Sally

**Jeudi , 28.11**

**09:10 - 10:05**

*Pilates*  
Sally

**18:15 - 18:45**

*P.I.I.T*  
Maja

**19:00 - 19:55**

*Pump*  
Maja

**Vendredi , 29.11**

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sally

**18:00 - 18:55**

*Pilates*  
Sally

**Samedi , 30.11**

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

**Dimanche , 01.12**