

Lundi , 11.11

09:10 - 10:05 <i>Pump</i> Sally	18:00 - 18:55 <i>Zumba</i> Maja	19:00 - 19:55 <i>Pump</i> Maja
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Mardi , 12.11

09:10 - 10:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sabine	18:15 - 19:10 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sally	19:30 - 20:25 <i>Yoga</i> Isabel
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Mercredi , 13.11

18:00 - 18:55 <i>Functional Workout</i> Sally
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Jeudi , 14.11

09:10 - 10:05 <i>Pilates</i> Sally	18:15 - 18:45 <i>P.I.I.T</i> Maja	19:00 - 19:55 <i>Pump</i> Maja
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Vendredi , 15.11

09:10 - 10:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sally	18:00 - 18:55 <i>Pilates</i> Sally
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Samedi , 16.11

10:00 - 10:55 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Sally

Dimanche , 17.11