

Lundi , 16.09

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Zumba
Maja

19:00 - 19:55

Pump
Maja

Mardi , 17.09

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sabine

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

19:30 - 20:25

Yoga
Isabel

Mercredi , 18.09

18:00 - 18:55

Functional Workout
Sally

Jeudi , 19.09

09:10 - 10:05

Pilates
Sally

18:30 - 18:55

P.I.I.T
Maja

19:05 - 20:00

Pump
Maja

Vendredi , 20.09

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

18:00 - 18:55

Pilates
Sally

Samedi , 21.09

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Dimanche , 22.09