

Lundi , 08.07

09:10 - 10:05

Pump
Sally

19:00 - 19:55

Pump
Sally

Mardi , 09.07

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

19:30 - 20:25

Yoga
Isabel

Mercredi , 10.07

18:00 - 18:55

Functional Workout
Sally

Jeudi , 11.07

09:10 - 10:05

Pilates
Sally

18:30 - 19:25

Pump
Sally

Vendredi , 12.07

18:00 - 18:55

Pilates
Sally

Samedi , 13.07

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Dimanche , 14.07