

**Lundi , 04.12**

**09:10 - 10:05**

*Pump*  
Sally

**18:00 - 18:55**

*Zumba*  
Maja

**19:00 - 19:55**

*Pump*  
Maja

**Mardi , 05.12**

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sally

**18:15 - 19:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Maja

**19:30 - 20:25**

*Yoga*  
Isabel

**Mercredi , 06.12**

**18:00 - 18:55**

*Functional Workout*  
Sally

**Jeudi , 07.12**

**09:10 - 10:05**

*Pilates*  
Sally

**18:30 - 19:25**

*Pump*  
Maja

**Vendredi , 08.12**

**09:10 - 10:05**

*Zumba*  
Elena

**18:00 - 18:55**

*Pilates*  
Sally

**Samedi , 09.12**

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Maja

**Dimanche , 10.12**