

### Lundi , 13.11

#### 09:10 - 10:05

*Pump*  
Sally

#### 18:00 - 18:55

*Zumba*  
Elena

#### 19:00 - 19:55

*Pump*  
Maja

### Mardi , 14.11

#### 09:10 - 10:05

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sally

#### 18:15 - 19:10

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sally

#### 19:30 - 20:25

*Yoga*  
Katrin

### Mercredi , 15.11

#### 18:00 - 18:55

*Functional Workout*  
Sally

### Jeudi , 16.11

#### 09:10 - 10:05

*Pilates*  
Sally

#### 18:30 - 19:25

*Pump*  
Maja

### Vendredi , 17.11

#### 09:10 - 10:05

*Zumba*  
Elena

#### 18:00 - 18:55

*Pilates*  
Sally

### Samedi , 18.11

#### 10:00 - 10:55

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

### Dimanche , 19.11