

Lundi , 16.10

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Zumba
Maja

19:00 - 19:55

Pump
Maja

Mardi , 17.10

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

19:30 - 20:25

Yoga
Isabel

Mercredi , 18.10

18:00 - 18:55

Functional Workout
Sally

Jeudi , 19.10

09:10 - 10:05

Pilates
Sally

18:30 - 19:25

Pump
Maja

Vendredi , 20.10

18:00 - 18:55

Pilates
Sally

Samedi , 21.10

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Dimanche , 22.10