

Lundi , 04.09

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Zumba
Mirjam

19:00 - 19:55

Pump
Sally

Mardi , 05.09

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

19:30 - 20:25

Yoga
Isabel

Mercredi , 06.09

18:00 - 18:55

Functional Workout
Sally

Jeudi , 07.09

09:10 - 10:05

Pilates
Sally

18:30 - 19:25

Pump
Maja

Vendredi , 08.09

18:00 - 18:55

Pilates
Sally

Samedi , 09.09

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Dimanche , 10.09