

Lundi , 07.08

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Zumba
Mirjam

19:00 - 19:55

Pump
Maja

Mardi , 08.08

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

19:30 - 20:25

Yoga
Katrin

Mercredi , 09.08

18:30 - 19:25

Pump
Maja

Jeudi , 10.08

09:10 - 10:05

Pilates
Sally

18:30 - 19:25

Functional Workout
Sally

Vendredi , 11.08

18:00 - 18:55

Pilates
Sally

Samedi , 12.08

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Dimanche , 13.08