

Lundi , 02.01

**09:10 - 10:05**

*Pump*  
Sally

**19:00 - 19:55**

*Pump*  
Maja

Mardi , 03.01

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Doris

**18:15 - 19:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Maja

**19:30 - 20:25**

*Yoga*  
Isabel

Mercredi , 04.01

**18:30 - 19:25**

*Pump*  
Maja

Jeudi , 05.01

**09:10 - 10:05**

*Pilates*  
Sally

**18:00 - 18:55**

*Zumba*  
Mirjam

**19:15 - 20:10**

*Functional Workout*  
Sally

Vendredi , 06.01

**09:10 - 10:05**

*Zumba*  
Simone

**18:00 - 18:55**

*Pilates*  
Sally

Samedi , 07.01

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

Dimanche , 08.01