

Lundi , 19.12

09:10 - 10:05

Pump
Sally

19:00 - 19:55

Pump
Maja

Mardi , 20.12

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

19:30 - 20:25

Yoga
Isabel

Mercredi , 21.12

18:30 - 19:25

Pump
Sally

Jeudi , 22.12

09:10 - 10:05

Pilates
Sally

18:00 - 18:55

Zumba
Mirjam

19:15 - 20:10

Functional Workout
Sally

Vendredi , 23.12

09:10 - 10:05

Zumba
Simone

18:00 - 18:55

Pilates
Sally

Samedi , 24.12

Dimanche , 25.12