

Lundi , 12.12

09:10 - 10:05

Pump
Simona

19:00 - 19:55

Pump
Maja

Mardi , 13.12

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Doris

18:15 - 19:10

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

19:30 - 20:25

Yoga
Isabel

Mercredi , 14.12

Jeudi , 15.12

18:00 - 18:55

Zumba
Mirjam

19:15 - 20:10

Functional Workout
Petra

Vendredi , 16.12

09:10 - 10:05

Zumba
Simone

18:00 - 18:55

Pilates
Randall

Samedi , 17.12

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Dimanche , 18.12