

**Lundi , 07.11**

**09:10 - 10:05**

*Pump*  
Maja

**18:00 - 18:55**

*Pump*  
Maja

**19:15 - 20:10**

*Yoga*  
Reto

**Mardi , 08.11**

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Doris

**18:15 - 19:10**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

**Mercredi , 09.11**

**Jeudi , 10.11**

**18:00 - 18:55**

*Zumba*  
Mirjam

**19:15 - 20:10**

*Functional Workout*  
Dario

**Vendredi , 11.11**

**09:10 - 10:05**

*Zumba*  
Simone

**18:00 - 18:55**

*Pilates*  
Randall

**Samedi , 12.11**

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

**Dimanche , 13.11**