

**Lundi , 17.10**

**09:10 - 10:05**

*Pump*  
Sally

**18:00 - 18:55**

*Pump*  
Maja

**19:15 - 20:10**

*Yoga*  
Reto

**Mardi , 18.10**

**09:10 - 10:05**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Doris

**18:00 - 18:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Sally

**Mercredi , 19.10**

**18:30 - 19:25**

*Pump*  
Maja

**Jeudi , 20.10**

**09:10 - 10:05**

*Pilates*  
Sally

**18:00 - 18:55**

*Zumba*  
Mirjam

**19:15 - 20:10**

*Functional Workout*  
Sally

**Vendredi , 21.10**

**09:10 - 10:05**

*Zumba*  
Simone

**18:00 - 18:55**

*Pilates*  
Sally

**Samedi , 22.10**

**10:00 - 10:55**

*BBP (Bauch, Beine, Po) /  
Bodytone*  
Petra

**Dimanche , 23.10**