

Lundi , 05.09

09:10 - 10:05

Pump
Sally

18:00 - 18:55

Pump
Maja

19:15 - 20:10

Yoga
Reto

Mardi , 06.09

09:10 - 10:05

*BBP (Bauch, Beine, Po) /
Bodytone*
Sally

18:00 - 18:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Maja

Mercredi , 07.09

18:30 - 19:25

Pump
Maja

Jeudi , 08.09

09:10 - 10:05

Pilates
Sally

18:00 - 18:55

Zumba
Mirjam

19:15 - 20:10

Functional Workout
Sally

Vendredi , 09.09

09:10 - 10:05

Zumba
Simone

18:00 - 18:55

Pilates
Sally

Samedi , 10.09

10:00 - 10:55

*BBP (Bauch, Beine, Po) /
Bodytone*
Petra

Dimanche , 11.09