

**Lundi , 23.12**

<b>08:50 - 09:45</b> <i>Pump</i> Andrea	<b>09:55 - 10:50</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Nadia	<b>18:00 - 18:55</b> <i>Upcon</i> Brigitte	<b>19:10 - 20:05</b> <i>Yoga Strength&amp;Flow</i> Nadia
---	---	--	--

**Mardi , 24.12**

<b>10:00 - 10:55</b> <i>Pilates</i> Beatriz	<b>18:00 - 18:55</b> <i>Pump</i> Ruth	<b>19:10 - 20:05</b> <i>Fitboxe</i> Team
---	---	--

**Mercredi , 25.12**

<b>09:30 - 10:25</b> <i>Functional Workout</i> Barbara	<b>18:30 - 19:25</b> <i>Kick Power</i> Céline B.
--	--

**Jeudi , 26.12**

<b>17:30 - 18:25</b> <i>Zumba</i> Josephine	<b>18:45 - 19:40</b> <i>Power Yoga</i> Bruno
---	--

**Vendredi , 27.12**

<b>09:00 - 09:55</b> <i>Pump</i> Asena	<b>10:05 - 11:00</b> <i>Yoga</i> Carmen	<b>12:15 - 12:45</b> <i>P.I.I.T</i> Rebecca
--	---	---

**Samedi , 28.12**

<b>09:00 - 09:55</b> <i>Pump</i> Ruth	<b>10:15 - 11:10</b> <i>Fitboxe</i> Team
---	--

**Dimanche , 29.12**