

### Lundi , 21.04

**11:00 - 11:55**

*Bodycombat*  
Michael

**17:00 - 17:55**

*BodyART International*  
Mirjam

### Mardi , 22.04

**09:10 - 10:05**

*Les Mills Bodypump*  
Natascha

**12:15 - 13:10**

*BodyART International*  
Mirjam

**17:45 - 18:40**

*Les Mills Bodypump*  
Esther

**18:50 - 19:45**

*Pilates*  
Simone Lisa

### Mercredi , 23.04

**06:30 - 07:25**

*Cycling*  
Adriano

**09:10 - 10:05**

*Toning*  
Serena

**12:15 - 13:10**

*Interval Training*  
Mirjam

**17:30 - 18:25**

*Les Mills Bodypump*  
Livia

**18:45 - 19:40**

*Bodycombat*  
Laura

### Jeudi , 24.04

**12:15 - 13:10**

*BodyART International*  
Mirjam

**18:00 - 18:55**

*Cycling*  
Marcel

**19:15 - 20:10**

*Les Mills Bodypump*  
Andrea

### Vendredi , 25.04

**09:10 - 10:05**

*Toning*  
Jacqueline

**10:20 - 11:15**

*Pilates*  
Serena

**12:15 - 13:10**

*Bodycombat*  
Jacqueline

**17:30 - 18:25**

*Cycling*  
Adriano

**18:40 - 19:35**

*BodyART International*  
Mirjam

### Samedi , 26.04

**09:30 - 10:25**

*Les Mills Bodypump*  
Jeannine

**10:35 - 11:30**

*Bodycombat*  
Jacqueline

**11:45 - 12:40**

*Bodybalance*  
Jacqueline

### Dimanche , 27.04

**11:30 - 12:25**

*Interval Training*  
Mirjam

**12:30 - 13:00**

*Bauch Express*  
Mirjam