

Lundi , 24.03

09:10 - 10:05

*BodyART
International*
Mirjam

12:15 - 13:10

*BBP (Bauch, Beine,
Po) / Bodytone*
Monica

17:45 - 18:40

Les Mills Bodypump
Christian

18:50 - 19:45

Bodycombat
Natascha

20:00 - 20:55

Bodybalance
Jacqueline

Mardi , 25.03

09:10 - 10:05

Les Mills Bodypump
Natascha

12:15 - 13:10

BodyART International
Mirjam

17:45 - 18:40

Les Mills Bodypump
Esther

18:50 - 19:45

Pilates
Simone Lisa

Mercredi , 26.03

06:30 - 07:25

Cycling
Adriano

09:10 - 10:05

Toning
Serena

12:15 - 13:10

Interval Training
Mirjam

17:30 - 18:25

Les Mills Bodypump
Livia

18:45 - 19:40

Bodycombat
Laura

Jeudi , 27.03

12:15 - 13:10

BodyART International
Mirjam

18:00 - 18:55

Cycling
Anasilia

19:15 - 20:10

Les Mills Bodypump
Andrea

Vendredi , 28.03

09:10 - 10:05

Toning
Jacqueline

10:20 - 11:15

Pilates
Serena

12:15 - 13:10

Bodycombat
Jacqueline

17:30 - 18:25

Cycling
Adriano

18:40 - 19:35

*BodyART
International*
Mirjam

Samedi , 29.03

09:30 - 10:25

Les Mills Bodypump
Livia

10:35 - 11:30

Bodycombat
Jacqueline

11:45 - 12:40

Bodybalance
Jacqueline

Dimanche , 30.03

11:30 - 12:25

Interval Training
Mirjam

12:30 - 13:00

Bauch Express
Mirjam