

**Lundi , 16.12**

<b>09:10 - 10:05</b> <i>BodyART International</i> Mirjam	<b>12:15 - 13:10</b> <i>BBP (Bauch, Beine, Po) / Bodytone</i> Monica	<b>17:45 - 18:40</b> <i>Pump</i> Christian	<b>18:50 - 19:45</b> <i>Bodycombat</i> Jacqueline	<b>20:00 - 20:55</b> <i>Bodybalance</i> Jacqueline
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**Mardi , 17.12**

<b>09:10 - 10:05</b> <i>Bodytoning "Powershape"</i> Mirjam	<b>12:15 - 13:10</b> <i>BodyART International</i> Mirjam	<b>17:45 - 18:40</b> <i>Pump</i> Livia	<b>19:00 - 19:55</b> <i>Pilates</i> Simone Lisa
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**Mercredi , 18.12**

<b>06:30 - 07:25</b> <i>Cycling</i> Adriano	<b>09:10 - 10:05</b> <i>Toning</i> Serena	<b>12:15 - 13:10</b> <i>Interval Training</i> Mirjam	<b>17:30 - 18:25</b> <i>Pump</i> Ariane	<b>18:45 - 19:40</b> <i>Bodycombat</i> Laura
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**Jeudi , 19.12**

<b>12:15 - 13:10</b> <i>BodyART International</i> Mirjam	<b>18:00 - 18:55</b> <i>Cycling</i> Marcel	<b>19:15 - 20:10</b> <i>Pump</i> Andrea
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**Vendredi , 20.12**

<b>09:10 - 10:05</b> <i>Toning</i> Jacqueline	<b>10:20 - 11:15</b> <i>Pilates</i> Serena	<b>12:15 - 13:10</b> <i>Bodycombat</i> Jacqueline	<b>17:30 - 18:25</b> <i>Cycling</i> Adriano	<b>18:40 - 19:35</b> <i>BodyART International</i> Mirjam
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**Samedi , 21.12**

<b>09:30 - 10:25</b> <i>Pump</i> Livia	<b>10:35 - 11:30</b> <i>Bodycombat</i> Jacqueline	<b>11:45 - 12:40</b> <i>Bodybalance</i> Jacqueline
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**Dimanche , 22.12**

<b>11:30 - 12:25</b> <i>Interval Training</i> Mirjam	<b>12:30 - 13:00</b> <i>Bauch Express</i> Mirjam
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