

Lundi , 26.09

09:15 - 10:10 <i>BodyART International</i> Mirjam	17:45 - 18:40 <i>Pump</i> Christian	18:50 - 19:45 <i>Bodycombat</i> Ariane	20:00 - 20:55 <i>Bodybalance</i> Jacqueline
--	--	---	--

Mardi , 27.09

09:10 - 10:05 <i>Pump</i> Eliane	12:15 - 13:10 <i>Yoga</i> Irene	17:45 - 18:40 <i>Pump</i> Eliane	19:00 - 19:55 <i>Pilates</i> Simone Lisa
---	--	---	---

Mercredi , 28.09

06:30 - 07:25 <i>Cycling</i> Adriano	09:10 - 10:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Jacqueline	12:15 - 13:10 <i>Interval Training</i> Mirjam	17:30 - 18:25 <i>Pump</i> Eliane	18:45 - 19:40 <i>Bodycombat</i> Laura
---	--	--	---	--

Jeudi , 29.09

12:15 - 13:10 <i>BodyART International</i> Mirjam	19:15 - 20:10 <i>Pump</i> Andrea
--	---

Vendredi , 30.09

09:10 - 10:05 <i>BBP (Bauch, Beine, Po) / Bodytone</i> Jacqueline	10:20 - 11:15 <i>Pilates</i> Beatriz	12:15 - 13:10 <i>Bodycombat</i> Jacqueline	17:30 - 18:25 <i>Cycling</i> Adriano	18:40 - 19:35 <i>BodyART International</i> Mirjam
--	---	---	---	--

Samedi , 01.10

09:30 - 10:25 <i>Interval Training</i> Antoinette	10:35 - 11:30 <i>Bodycombat</i> Jacqueline	11:45 - 12:40 <i>Bodybalance</i> Jacqueline
--	---	--

Dimanche , 02.10

11:30 - 12:45 <i>Interval Training</i> Mirjam
--