

Lundi , 06.01

<b>09:00 - 09:55</b> <i>Pilates</i> Oxana	<b>12:15 - 12:45</b> <i>P.I.I.T</i> Céline B.	<b>17:50 - 18:45</b> <i>Fitboxe</i> Céline B.	<b>19:00 - 19:55</b> <i>Zumba</i> Andrea
---	---	---	--

Mardi , 07.01

<b>12:15 - 12:45</b> <i>P.I.I.T</i> Céline H.	<b>17:25 - 18:20</b> <i>TRX</i> Carmelina	<b>18:30 - 19:25</b> <i>Power Yoga</i> Pedro
---	---	--

Mercredi , 08.01

<b>12:15 - 13:00</b> <i>TRX</i> Luca	<b>16:50 - 17:45</b> <i>Pump</i> Andrea	<b>18:00 - 18:55</b> <i>Pilates</i> Beatriz
--	---	---

Jeudi , 09.01

<b>12:15 - 12:45</b> <i>Simply Core</i> Asena	<b>17:30 - 18:25</b> <i>TRX</i> Brigitte	<b>18:40 - 19:35</b> <i>Zumba</i> Daniela
---	--	---

Vendredi , 10.01

<b>12:15 - 13:10</b> <i>Fitboxe</i> Maddalena	<b>17:30 - 18:25</b> <i>Yoga</i> Pedro
---	--

Samedi , 11.01

Dimanche , 12.01