

Lundi , 23.12

09:00 - 09:55

Pilates
Oxana

12:15 - 12:45

P.I.I.T
Céline B.

17:50 - 18:45

Fitboxe
Sarah

19:00 - 19:55

Zumba
Andrea

Mardi , 24.12

Mercredi , 25.12

Jeudi , 26.12

10:30 - 11:25

Interval Training
Asena

11:30 - 12:00

Bauch Express
Asena

Vendredi , 27.12

12:15 - 13:10

Fitboxe
Maddalena

17:30 - 18:25

Yoga
Carmen

Samedi , 28.12

Dimanche , 29.12