

**Lundi , 28.10**

**09:00 - 09:55**

*Pilates*  
Beatriz

**12:15 - 12:45**

*P.I.I.T*  
Céline B.

**17:50 - 18:45**

*Fitboxe*  
Sarah

**19:00 - 19:55**

*Zumba*  
Andrea

**Mardi , 29.10**

**12:15 - 12:45**

*P.I.I.T*  
Céline H.

**17:25 - 18:20**

*TRX*  
Luca

**18:30 - 19:25**

*Power Yoga*  
Pedro

**Mercredi , 30.10**

**12:15 - 13:00**

*TRX*  
Luca

**16:50 - 17:45**

*Pump*  
Andrea

**18:00 - 18:55**

*Pilates*  
Beatriz

**Jeudi , 31.10**

**12:15 - 12:45**

*Simply Core*  
Asena

**17:30 - 18:25**

*TRX*  
Luca

**18:40 - 19:35**

*Zumba*  
Daniela

**Vendredi , 01.11**

**12:15 - 13:10**

*Fitboxe*  
Maddalena

**17:30 - 18:25**

*Yoga*  
Monica

**Samedi , 02.11**

**Dimanche , 03.11**