

**Lundi , 14.10**

<b>09:00 - 09:55</b> <i>Pilates</i> Beatriz	<b>12:15 - 12:45</b> <i>P.I.I.T</i> Rebecca	<b>17:50 - 18:45</b> <i>Fitboxe</i> Sarah	<b>19:00 - 19:55</b> <i>Zumba</i> Andrea
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**Mardi , 15.10**

<b>12:15 - 12:45</b> <i>P.I.I.T</i> Céline H.	<b>17:25 - 18:20</b> <i>TRX</i> Chantale	<b>18:30 - 19:25</b> <i>Power Yoga</i> Pedro
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**Mercredi , 16.10**

<b>12:15 - 13:00</b> <i>TRX</i> Chantale	<b>16:50 - 17:45</b> <i>Pump</i> Andrea	<b>18:00 - 18:55</b> <i>Pilates</i> Beatriz
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**Jeudi , 17.10**

<b>12:15 - 12:45</b> <i>Simply Core</i> Asena	<b>17:30 - 18:25</b> <i>TRX</i> Luca	<b>18:40 - 19:35</b> <i>Zumba</i> Daniela
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**Vendredi , 18.10**

<b>12:15 - 13:10</b> <i>Fitboxe</i> Maddalena	<b>17:30 - 18:25</b> <i>Yoga</i> Carmen
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**Samedi , 19.10**

**Dimanche , 20.10**