

**Lundi , 18.03**

**09:00 - 09:55**

*Pilates*  
Oxana

**12:15 - 12:45**

*P.I.I.T*  
Céline B.

**17:50 - 18:45**

*Fitboxe*  
Céline B.

**19:00 - 19:55**

*Zumba*  
Andrea

**Mardi , 19.03**

**12:15 - 12:45**

*P.I.I.T*  
Céline H.

**17:25 - 18:20**

*TRX*  
Carmelina

**18:30 - 19:25**

*Power Yoga*  
Pedro

**Mercredi , 20.03**

**12:15 - 13:00**

*TRX*  
Chantale

**16:50 - 17:45**

*Pump*  
Andrea

**18:00 - 18:55**

*Pilates*  
Beatriz

**Jeudi , 21.03**

**12:15 - 12:45**

*Simply Core*  
Asena

**17:30 - 18:25**

*TRX*  
Oxana

**18:40 - 19:35**

*Dance Aerobic / Dance  
Mix*  
Daniela

**Vendredi , 22.03**

**12:15 - 13:10**

*Fitboxe*  
Maddalena

**17:30 - 18:25**

*Yoga*  
Pedro

**Samedi , 23.03**

**Dimanche , 24.03**