

Lundi , 25.12

Mardi , 26.12

Mercredi , 27.12

12:15 - 13:00

TRX
Luca

16:45 - 17:40

Pump
Monica

18:00 - 18:55

Pilates
Beatriz

Jeudi , 28.12

12:15 - 12:45

Simply Core
Asena

17:30 - 18:25

TRX
Sibylle

18:40 - 19:35

*Dance Aerobic / Dance
Mix*
Monica

Vendredi , 29.12

12:15 - 13:10

Fitboxe
Maddalena

17:30 - 18:25

Yoga
Pedro

Samedi , 30.12

Dimanche , 31.12