

Lundi , 04.09

09:00 - 09:55 <i>Pilates</i> Oxana	12:15 - 12:45 <i>P.I.I.T</i> Rebecca	17:50 - 18:45 <i>Fitboxe</i> Ruth	19:00 - 19:55 <i>Zumba</i> Andrea
---	---	--	--

Mardi , 05.09

12:15 - 12:45 <i>P.I.I.T</i> Céline H.	17:25 - 18:20 <i>TRX</i> Carmelina	18:30 - 19:25 <i>Power Yoga</i> Pedro
---	---	--

Mercredi , 06.09

12:15 - 13:00 <i>TRX</i> Luca	18:00 - 18:55 <i>Pilates</i> Beatriz
--	---

Jeudi , 07.09

12:15 - 12:45 <i>Simply Core</i> Antoinette	17:30 - 18:25 <i>TRX</i> Brigitte	18:40 - 19:35 <i>Dance Aerobic / Dance Mix</i> Nadia
--	--	---

Vendredi , 08.09

12:15 - 13:10 <i>Fitboxe</i> Maddalena	17:30 - 18:25 <i>Yoga</i> Pedro
---	--

Samedi , 09.09

Dimanche , 10.09